



Run For a Child 5K
Presented by
Douglasville First United Methodist Church
Benefits 'A Gift of Love'
www.a-gift-of-love.org
Saturday, May 22, 2010
6:00pm
We are Walker Friendly



THE COURSE: Is a nature trail run through the trails of Clinton Nature Preserve.

DIRECTIONS TO RACE: From I-20, take Exit 30 and head south to the first light (Ephesus Church Rd). Turn right and go 1.2 miles to Clinton Nature Preserve on the right.

AWARDS: Trophies to overall & master's male and female. Top three age group awards: 9-under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

REGISTRATION INFORMATION: Entry fee is \$20.00 in advance (until 5/8/10) and \$25.00 on race day. Register at https://www.active.com/event_detail.cfm?event_id=1836314

Race starts at 6:00 p.m. Each 5K pre-registered entrant receives a T-shirt (race day entrants will receive one until we run out).

Info: Melissa Shepherd 770-265-3621 or Church Office 770-942-3146

e-mail: runforachild5k@gmail.com

RETURN TO ADDRESS BELOW

Douglasville FUMC Run for a Child 5K RUN/WALK MAY 22, 2010 6:00 P.M.

NAME _____ PHONE NUMBER _____
 ADDRESS _____
 CITY, STATE, ZIP _____ T-shirt size: S M L XL
 DATE OF BIRTH _____ AGE ON 5/22/10 _____ SEX M _____ F _____
 EMAIL _____

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able. In consideration of your accepting my entry, I assume all risks associated with running in this event, including but not limited to falls, contact with participants, effects of the weather, conditions of the road, all such risks being known by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I hereby waive and release Douglasville First United Methodist Church, Run for a Child 5K organizers, all sponsors, their representatives, and successors from any liabilities of any kind arising out of my participation in this event. I grant permission to the foregoing to use any photographs, motion pictures or any other record of this event for any legitimate purpose.

 DATE _____ SIGNATURE (PARENT OR GUARDIAN IF RUNNER IS UNDER 18)

Check should be made to: DFUMC Run For a Child 5K
 Mail to:

6167 Prestley Mill Rd
 Douglasville, GA 30134

Entry Amount: \$ _____
 Phantom Runner: Y or N

Phantom runners are people who support race and want a t-shirt, but do not want to run.