



**WINDER-BARROW HIGH SCHOOL BAND
5K BULLDOGG BAND THRILLER RUN/WALK
1 MILE THRILLER FUN RUN
Saturday, Oct 24, 2009**

RACE DETAILS: Join us Saturday, Oct 24 for the 5K Bulldogg Band Thriller Run/Walk and 1 Mile Thriller Fun Run. The entire course will be around Winder-Barrow High School on paved roads. Walkers and Strollers are welcome to participate! 8:30am for the 5K Run/Walk 8:00am for the 1 Mile Fun Run
Directions: Winder-Barrow High School, 272 North Fifth Avenue, Winder, GA 30680. From Hwy. 81 and 316, turn North towards Winder and once you are in town, cross May Street (Hwy. 29), cross the tracks and turn left on Candler St. Follow this down until you see the high school stadium on the right. Registration will be in the parking lot of the stadium.

AGE GROUPS/AWARDS: Attractive awards for 5K Overall M & F, Masters M & F, and top 3 in each age group: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.

T-SHIRTS: 100% cotton short sleeved shirts Specify size when registering.

REGISTRATION: Registration Fee = \$15 if postmarked or registered online by Oct 14. After 10/14 = \$20. Family rate: \$50 to pre-registered entrants only. \$10 for the no-shirt option.

- Online –active.com
- Download form and mail race entry – www.running4fitness.com
- Download form from www.rungeorgia.com
- Make checks payable to Winder-Barrow High School Band
Mail to 5K Bulldogg Band Thriller Run, c/o Ed Williams, Race Director, 978 Scott Circle, Decatur, GA 30033
- Race Day Registration and Packet pick up beginning at 7:30 am - in the parking lot of the high school by the concession stand.

INFO: Michael Oubre, Band Director, at 770-307-2103 or Ed Williams, Race Director, at roadraceservices@comcast.net or 404-327-7738.



Part of the
Time2Run
Grand Prix
Series

**ENTRY FORM - WINDER-BARROW HIGH SCHOOL BAND
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Checks payable to: 5K Bulldogg Band Thriller Run. Mail to 5K Bulldogg Band Thriller Run, c/o Ed Williams - Race Director, 978 Scott Circle, Decatur, GA 30033

T-Shirt: S M L XL XXL No Shirt 5K Run/Walk Fun Run

NAME _____ AGE _____
ADDRESS _____
CITY/STATE/ZIP _____ GENDER M F
E-MAIL _____ PHONE _____

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against the officials and sponsors and benefiting parties of the 2009 Bulldogg Band Thriller 5-K/Run Walk for injury or illness which may result directly or indirectly from my participation. I further state that I am in proper condition to participate in this event.

Signature of participant /Parent or guardian's signature if under 18 years of age Date