

FINISH



Walk, Wag, N' Run

5K Run & 1 Mile Fun Run

Presented by



Date: Saturday, August 25, 2012

Race Location: Lenox Park in Buckhead

Course: Flat and gentle hills

Start Time: 5K Run 7:30 am, 1 Mile Fun Run 8:45 am

Packet Pick-Up: on Friday, August 24 at the event site in Lenox Park between 5 pm and 8 pm, or 6 am-7 am on race day

For directions and details visit www.ahimsahouse.org

Pace Your Pet at the Ahimsa House Annual 5K Run and 1 Mile Fun Run. We encourage everyone to bring their dogs for these runs to benefit the animal and human victims of domestic violence.

Walk, Wag, N' Run will offer a USATF certified 5K course and will be a 2013 Peachtree Road Race Qualifier.

Awards for 5K Run: Prizes will be awarded to overalls, masters, and to the top female and male finishers in nine age groups. Awards will be given to the Top 3 Dogs crossing the finish line.

Entry Fees:

5 K Fun Run: Fee includes 5K Run, Tech T-Shirt for early bird registrants, and a goodie bag.

- \$25 Early Bird through August 18
- \$30 between August 19 and August 24
- \$35 day of

1 Mile Fun Run: Fee includes entry in 1 Mile Fun Run; Walk, Wag N' Run T-Shirt; and a goodie bag.

- \$15 anytime

Entry Fee: \$ _____
 Additional Donation: \$ _____
 Total \$ _____

How to Register:

- By mail: Make checks payable to Ahimsa House and mail to: Walk, Wag N' Run, c/o Ahimsa House, P.O. Box 8181 - Atlanta, GA 31106
- On-line at www.ahimsahouse.org
- On-line at active.com
- In person day of race

OFFICIAL ENTRY FORM

First Name: _____

Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Email: _____

Age: _____ Sex: M F

T-Shirt Size: S M L XL

Circle One Event: Certified 5K Run 1 Mile Fun Run

*Registration Fees are Non-Refundable

Waiver: WAIVER: MUST BE SIGNED BY EACH PARTICIPANT OR BY PARENT/GUARDIAN IF PARTICIPANT IS UNDER 18. WWalk n' Wag involves activities which may include risks such as, but not limited to, falls, interaction with other participants and their pets, effects of weather, traffic and conditions of the road. In consideration of participating in this event, I hereby expressly assume all risks to myself or my pet, arising in any way out of my participation in Walk n' Wag and related activities. I agree, for myself, my heirs, executors and administrators, to release, indemnify and hold harmless, Ahimsa House, its affiliates, officers, directors, volunteers and employees, and all sponsoring businesses and organizations and their agents and employees, and Lenox Park, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my participation in this event and related activities. I also understand and agree that I and/or my pet(s) may be photographed for use by Ahimsa House or the media without liability or obligation to me.

Runner's Signature or Parent (if runner is under 18): _____

Walk, Wag, N' Run Sponsors

