

Virginia Highland Summerfest 5K Road Race Run/Walk Saturday, June 1, 2013 | 8:00 am

NEW – ELECTRONIC CHIP TIMING THIS YEAR!

5K RACE DETAILS: 2013 Virginia Highland Summerfest 5K Run/Walk starts 8AM near intersection of Virginia Ave/N Highland Ave & finishes near John Howell Park.

[Race Course](#) This popular race will close out early - Register today to claim your spot! Hundreds of dollars in drawings from local merchants! 100% cotton t-shirt with Summerfest theme

5K AGE GROUPS/AWARDS: Unique picture plaque awards to Overall M & F, Masters M & F, and 3-deep each age group 10 & Under through 70 & over in 5-year increments. Gift cards from Phidippides for Overall & Masters M & F winners.

TOT TROT @ 9:15 AM (ages 5 & under) = \$10. Location: near musical stage Inman School. Ribbons & T-shirts given. Tot Trot registration online until May 20 or mail before May 10. Tot trot registration on Race Day at Inman School stage area @ 8AM. No Registration on Fri night at Church.

REGISTRATION: Registration closes at 1400 participants or May 20, whichever comes first. Do not mail registrations after May 10 – will be returned. **NO RACE DAY REGISTRATION**

- Online – www.active.com
- Download form and mail race entry – www.running4fitness.com or www.rungeorgia.com
- In store registration at Phidippides Ansley Mall – 404.875.4268.
- Make checks payable to Virginia Highland Civic Association and mail to Summerfest 5K, 978 Scott Circle, Decatur, GA 30033
- 5K Registration Fee - \$27 if postmarked or registered online by April 1; \$32 thereafter. 10% discount on shoes and selected items at Phidippides with Summerfest race bib!

EARLY PACKET PICK-UP! AVOID HASSLE OF LONG LINES!

Pick up race number and t-shirt at the following locations before the race:

- Phidippides at Ansley Mall – May 24, 25, 28, 29 www.phidippides.com
- Virginia Highland Church, 743 Virginia Ave, ATL 30306 – Fri, May 31st 4:30–7:30PM (pick up only – no registration)
- Race Day: N. Highland & Virginia Ave, 1017 N. Highland Ave, Atl, 30306 6:30am-7:30am

RACE & SPONSOR INFO: Ed Williams, Race Director | 404-327-7738 | roadraceservices@comcast.net
Race and Festival info also available at www.vahi.org

ENTRY FORM: 2013 Virginia Highland Summerfest 5K Road Race

Check amount \$_____ Payable to Virginia Highland Civic Association
Mail to Summerfest 5K, 978 Scott Circle, Decatur, GA 30033

Circle one: 5K Run 5K Walk

Circle T-shirt size for 5K: Small Medium Large X-Large

Circle one: Tot Trot

Circle T-shirt size for Tot Trot: Toddler Small Toddler Medium

NAME _____ AGE _____

ADDRESS _____

CITY/STATE/ZIP _____ GENDER [] M [] F

E-MAIL _____ PHONE _____

Waiver: I know that running a road race is a potentially hazardous activity. I am in proper physical condition to compete in this run/walk and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release the Virginia-Highland Civic Association, Inc., including its officers and directors, all race officials, all Virginia-Highland Summerfest event volunteers, sponsors, and any others associated with this event. Furthermore, I hereby grant the agents of this event permission to use photos or any other record of me in this event.

Signature of participant /Parent or guardian's signature if under 18 years of age _____ Date _____

Running4Fitness.com