



Atlanta Children's Shelter  
GUIDING HOMELESS FAMILIES TO INDEPENDENCE

# 2010 Strides of March 5K Run / Walk

## Benefitting Atlanta Children's Shelter

### Saturday, March 27th, 9am

**Race Details:** Register early to claim your spot for the 2010 Strides of March 5K Run / Walk. Downtown tree-lined course. Technical Performance T-shirts are guaranteed for pre-registrants. Stroller friendly.

**Start and Finish:** North Avenue Presbyterian Church located at 607 Peachtree Street at the corner of North Avenue and Peachtree Street.

**Important Parking Information:** Parking is available on side streets near the start and finish area.

**Age Groups / Awards:** Trophies to Overall M&F, Masters M&F, and 1-Deep for M&F Age Groups 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over. Every 10 & Under winner receives a finisher ribbon. 3 Deep Team Awards (best 5 times on team).

**Benefitting:** Atlanta Children's Shelter

ACS provides NAEYC-accredited, high-quality, loving childcare for the children of homeless families aged one month to five years old, and comprehensive social services for homeless families striving for self-sufficiency. Since 1986 ACS has cared for over 7,000 children and helped to stabilize over 5,000 families. Tours available on Race Day.

**Registration:**

- Online – [www.active.com](http://www.active.com)
- Online – [www.acsatl.org](http://www.acsatl.org)
- Download form and mail race entry – [www.acsatl.org](http://www.acsatl.org)
- Mail to: Strides of March, Atlanta Children's Shelter, 607 Peachtree Street, Atlanta, GA 30308
- Race Day On-Site March 27th 7:00am until 8:30am

**Individuals Registration Fee:** \$25 if postmarked by March 13th. \$30 after 3/13

**Team Registration Fee:** \$1,000. Call for sponsor package 404.892.3713 x12

**Non-Profit Team Registration Fee:** Free of charge (\$10 per Technical Performance Race Shirt)

**Race Day Registration & Packet Pickup:** 7:00am until 8:30am at North Ave Presbyterian Church

**Race will go on rain or shine – No refunds**

## Entry Form - 2010 Strides of March 5K Walk / Run

Checks payable to Atlanta Children's Shelter, 607 Peachtree Street, Atlanta, GA 30308

\_\_\_ 5K Run    \_\_\_ 5K Walk    If on a Team: Non-Profit Team Name \_\_\_\_\_ Team Name \_\_\_\_\_

T-Shirt        \_\_\_ S    \_\_\_ M    \_\_\_ L    \_\_\_ XL

How did you hear about the race? \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email Confirmation \_\_\_\_\_ Phone \_\_\_\_\_

Waiver: I know that running a road race is a potentially hazardous activity. I am in proper physical condition to compete in this run/walk and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitle to act on my behalf, I waive and release all race officials, volunteers, sponsors and any others associated with this event from legal liability. Furthermore, I hereby grant the agents of this event permission to use photographs, videotapes, motion pictures, recording or other record or of this event for legitimate purposes.

\_\_\_\_\_  
Signature of participant / Parent or guardian's signature if under 18 years of age

\_\_\_\_\_  
Date